



## **RECOMMENDATIONS FOR A SAFE AND RELAXED SUMMER AT OUR AGRITURISMO'S POOL**

### **For guests**

**Fun is truly fun only when enjoyed with awareness and responsibility.**

1. Respect the rules. Use the pool exclusively during the permitted opening hours.
2. Safeguarding. If you cannot swim, stay where you can touch the bottom. Before entering the water, wear flotation aids (armbands, life jacket, etc.).
3. Assess your health condition. Do not enter the water if you are tired, cold, or under the effect of alcohol/medication. Avoid sudden temperature changes, especially after meals, after long exposure to the sun, or if you have heart conditions. Take a shower before entering the water to gradually acclimatize your body.
4. Be ready for emergencies. When you arrive at the pool, identify the location of rescue devices and call points. If needed, alert the staff immediately.

### **Safeguarding children:**

**children do not perceive danger, our attention must be absolute.**

5. Water education. Remember that teaching children to swim from an early age is the first form of prevention.
6. Swim cap for children under 16 is mandatory. This is an additional preventive measure, especially to reduce the risk of hair being caught in suction systems.
7. Active supervision. Monitor children constantly, even when they are not in the water. Avoid prolonged distractions such as smartphones, reading, or conversation.
8. Always keep your eyes on the children. Remember that drowning can occur in shallow water areas, and someone in difficulty is often unable to shout for help.
9. Keep children within reach. Enter the water with younger children and with those who cannot swim, staying close enough to grab them if necessary. Never delegate the supervision of a child to another child.